

# Dine Out for the Cure®

Thursday, June 9, 2016  
Restaurants & Food Trucks  
Greater St. Louis Metro Area

## Dine Out to Fight Breast Cancer on June 9

### Support Local Breast Health Programs During Dine Out for the Cure®

Take action in the local fight against breast cancer just by dining out for breakfast, lunch and/or dinner on Thursday, June 9, during the 8th Annual Susan G. Komen Missouri Dine Out for the Cure®. Restaurants and food trucks throughout the St. Louis metro area will welcome patrons and donate a portion of their proceeds to Susan G. Komen® Missouri during this fundraising event.

Since the inaugural Dine Out event in 2009, more than 500 restaurants and thousands of dining customers have raised more than \$450,000 for local, lifesaving breast health services. Participating restaurants agree to donate 20, 35 or 50 percent of the day's proceeds to the cause.

Pappy's Smokehouse will donate 50 percent of proceeds from Dine Out day to Komen Missouri.

"We've been so fortunate as a business that we want to give back any chance that we have," said Tom Agusti, Pappy's Smokehouse general manager. "Opening a restaurant in 2008 at such a hard time for the country and the economy, having to build and build, and grow and thrive, we try to give back to a good cause any chance we get, and there's not too many better causes than Susan G. Komen Missouri. We hope people come out and support this good cause and support local businesses."

Seventy-five percent of the net funds raised through Dine Out for the Cure stays in the community to fund breast cancer screening, breast health education and patient navigation and support programs. The remaining 25 percent funds cutting-edge global breast cancer research, including research being done in St. Louis.

Follow [@KomenMissouri](#) on Twitter and Instagram and use the official event hashtag: [#KomenSTL-Dine](#)

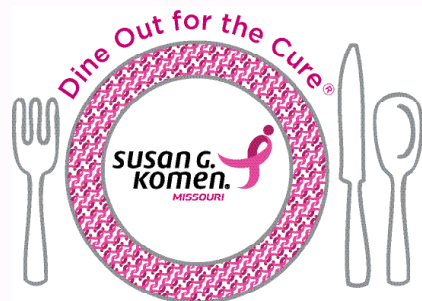
Visit [www.komenmissouri.org/DineOut](http://www.komenmissouri.org/DineOut) for a complete list of participating restaurants and food trucks, hours of service and locations categorized by neighborhood.

#### 2016 Dine Out for the Cure® Sponsors:



#### Susan G. Komen® Missouri

9288 Dielman Industrial Drive | St. Louis, MO 63132 | 314.569.3900 | [komenmissouri.org](http://komenmissouri.org)  
Facebook: [SusanGKomenMissouri](#) | Twitter: [@KomenMissouri](#) | [#KomenSTLDine](#)



# Dine Out for the Cure®

## Thursday, June 9, 2016

### Restaurants & Food Trucks

### Greater St. Louis Metro Area

#### 8th Annual Dine Out for the Cure®

Dine out at any participating restaurant on Thursday, June 9, and a portion of your final tab will be donated to help save lives and end breast cancer forever. All donated proceeds benefit lifesaving, local breast health programs and global breast cancer research funded by Susan G. Komen® Missouri. Visit [komenmissouri.org/DineOut](http://komenmissouri.org/DineOut) for a list of participating restaurants and food trucks.

#### About Susan G. Komen® Missouri

Susan G. Komen Missouri is an independent, local nonprofit organization dedicated to fighting breast cancer year-round. Komen Missouri's mission is to save lives and end breast cancer forever by empowering people, ensuring quality care for all and energizing science to find the cures. Komen Missouri is dedicated to meeting the breast health needs of the women, men and families in its 38-county Missouri/Illinois service area. Seventy-five percent of the organization's net proceeds stays in the local community to fund breast cancer screening, breast health education and patient navigation and support services. The remaining 25 percent of net proceeds funds global, cutting-edge breast cancer research. Visit [www.komenmissouri.org](http://www.komenmissouri.org). Call 314.569.3900 (Greater St. Louis office) or 573.445.1905 (Mid-Missouri office). Like SusanGKomenMissouri on Facebook. Follow @KomenMissouri on Twitter and Instagram.

#### Take Action for Breast Health Self-Awareness

Being female and growing older are the most significant risk factors for developing breast cancer. Susan G. Komen® encourages all women over age 40 to get a mammogram every year.

#### Susan G. Komen® recommends that you:

1. Know your risk
2. Get screened
3. Know what is normal for you
4. Make healthy lifestyle choices

#### Breast Cancer Facts

- One in eight women in the United States will be diagnosed with breast cancer in her lifetime.
- The most common risk factors for breast cancer are being female and growing older.
- With respect to age, race, religion and socioeconomic status, breast cancer knows no boundaries.
- Breast cancer affects more than just the person diagnosed. Co-survivors (family, friends, co-workers) feel the effects too.
- There are more than 3 million breast cancer survivors in the U.S. today.

**Susan G. Komen® Missouri**

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